

Pre-Op Instructions

Nothing to eat or drink after midnight, this includes gum or candy.

Only take heart medication, blood pressure medication or seizure medication the morning of surgery with a sip of water.

DO NOT TAKE DIABETIC MEDICATION THE MORNING OF SURGERY.

If you are a diabetic, check your blood sugar the morning of surgery. If it is over 200, please call the surgery center.

Wear something loose fitting, preferably a button down top.

Please do not wear any jewelry, especially earrings.

No makeup, lotion or moisturizers on your face.

You will need transportation (a driver) and someone (family or friend) who can stay with you for at least 24 hours. Your driver must stay at the surgery center while you are having your procedure done.